

TEAM NAME	TIME R1	TIME R2	TIME R3	TIME R4	TOTAL TIME
Maldwyn Harriers 1	03:33:49	03:53:45	03:15:20	03:07:40	13:50:34
Malvern Buzzards 1	03:32:59	04:03:48	03:24:13	03:14:48	14:15:48
Builth and District 1	03:30:10	04:03:19	03:32:05	03:20:36	14:26:10
Wye Valley Runners 1	03:39:58	04:18:16	03:40:47	03:29:10	15:08:11
Croft Ambrey RC 1	03:35:51	04:24:06	03:51:47	03:24:42	15:16:26
Builth and District 2	03:53:30	04:24:42	03:50:47	03:33:13	15:42:12
Hereford Triathlon Club 1	03:45:53	04:25:28	04:00:57	03:39:17	15:51:35
Malvern Buzzards 2	04:15:50	04:42:28	03:49:57	03:44:03	16:32:18
Wye Valley Runners 2	04:03:53	04:44:39	04:04:58	03:57:38	16:51:08